

My perfect day in the Caribbean is at Frenchmans Lookout on Tortola. We start off by having a big breakfast. Then we lie by the pool before going down to the dock. We'll have a late lunch on the boat or on another island somewhere. And we often go snorkeling at Virgin Gorda, which is really close.

The view from Frenchmans is amazing — almost 360 degrees. It's so beautiful to see all those islands dotted around and to watch the boats come in and out of the port. It's such a great atmosphere. I go there with my daughter and my friends — it's very private. Watching the sunset from the top step of the balcony in the hammock is one of my favorite things. My daughter loves it, too. The house is safe for kids, and there's so much space to run around. And no prying eyes!

I just do my own thing. I went recently to two surfing beaches there — Josiah's Bay and



LIMIN' WITH KATE MOSS

Brit bombshell escapes the tabloids on Tortola

Apple Bay. I don't surf, but I like to watch. We go to Smuggler's Cove a lot. It's a beach where they still have the car that the Queen rode around in when she went to Tortola in the '60s. It's completely run-down!

On Tortola there's never a dull moment, yet you can relax at the same time. There's never pressure to do anything, but you can do loads of things. You don't have to put on your best clothes. I pack a bikini and that's about it — maybe a dress to go down to the Jolly Roger.

For me, it's really the perfect place to go on a holiday. I go there anytime I can. I want to be there now, talking about it! Why am I in London where it's raining?

— *Interview by Michelle Tauber*

After first soaring to fame in the early '90s, Kate Moss remains one of the world's top supermodels. The notorious London-bred fashion icon, 32, currently struts her stuff for Roberto Cavalli, Nikon and Calvin Klein. Away from the flashbulbs, she is the mother of 3-year-old Lila Grace. Whenever she can, Moss escapes to Frenchmans Lookout Villa (frenchmanslookout.com) in the BVI for some R&R.

PRINTED IN THE USA

Caribbean Travel & Life (ISSN 1052-1011, USPS 005-382) is published nine times a year — January/February, March, April, May, June/July, August/September, October, November, December — by World Publications, LLC, P.O. Box 8500, Winter Park, FL 32790; (407) 628-4802. Entire contents copyright 2006 by World Publications, LLC. May not be reproduced in any form without the expressed, written permission of World Publications, LLC. Periodicals postage paid at Winter Park, FL, and at additional mailing offices. SUBSCRIPTIONS: One-year subscription is \$23.95, and two-year is \$38.95. For subscriptions, address changes and adjustments, write to *Caribbean Travel & Life*, P.O. Box 420235, Palm Coast, FL 32142-0235. POSTMASTER: Send address changes to *Caribbean Travel & Life*, P.O. Box 420235, Palm Coast, FL 32142-0235. PUBLICATION MAIL AGREEMENT NUMBER 40018707 CANADA RETURN MAIL: 4960-2 WALKER RD. WINDSOR, ON N9A 6J3